

How to find the ACU Melbourne Psychology and Counselling Clinic

Level 2, School of Psychology
Australian Catholic University
115 Victoria Parade,
Fitzroy, 3065
(between Smith St & Brunswick St)
Melways reference 2C B12

Parking:

Victoria Parade and surrounding streets.
St. Vincent's, Freemasons and Eye & Ear Hospital's
have commercial parking

Train:

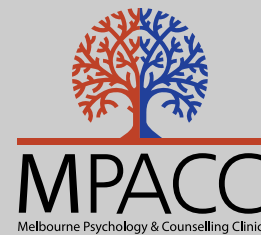
Parliament Station

Bus:

301, 302, 304, 305, 307, 308, 309, 313, 316
and 350 travel along Victoria Parade

Trams:

23, 24, 34, 42, & 109 travel along Victoria Parade.
Trams on Brunswick St, Smith and Nicholson St



ACU Melbourne Psychology and Counselling Clinic

Australian Catholic University
115 Victoria Parade, Fitzroy, 3065

Tel: 03 9953 3006

Fax: 03 9953 3195

Email: melbournepsychologyclinic@acu.edu.au

Web: www.acu.edu.au

Further information about the ACU Melbourne Psychology and Counselling Clinic can be found on the ACU website www.acu.edu.au
Melbourne Campus



ACU Melbourne
Psychology and
Counselling Clinic



ACU Melbourne Psychology and Counselling Clinic

The ACU Melbourne Psychology and Counselling Clinic offers a high standard of service to the community at a low cost, meeting the need for affordable mental health care.

The Clinic is staffed by Masters and Doctoral interns who are undertaking an accredited post graduate qualification in psychology.

All Clinic services are overseen by registered psychologists who are skilled clinicians and trainers in a wide variety of clinical interventions and counselling approaches. Treatment procedures are chosen on the basis of clinical judgement and expertise as well as current research evidence.

At the ACU Melbourne Psychology and Counselling Clinic, services are provided to children and parents, adolescents, adults, couples and families from all cultural, ethnic and religious backgrounds.

Referrals:

A referral to the clinic is not required.

Costs:

Fees for Counselling are currently \$40.00 per 50 minute session.
Concession \$20.00

Fees for formal assessments and reports will be determined by the Clinic Director on a case by case basis.

Free First appointment:

The first intake appointment is free of charge.

Clients discuss their needs and are provided with a treatment plan to suit their individual circumstances.

Clinic hours:

Monday to Friday 9am - 5pm

Clinic services include:

Counselling for individuals including: children, adolescents and adults; and for couples and families.

Specialised Counselling including: Trauma Counselling, Grief and Loss Counselling and Career Counselling.

Management and intervention for: stress, anxiety, depression, anger, and a range of problem behaviours.

Training in: relaxation techniques and developing assertiveness skills.

Formal assessments:

Various assessments are offered including:

- Behaviour Functioning Assessments
- Intellectual and Cognitive Assessments
- Vocational Assessments.

A formal assessment package is available for primary and secondary school students applying for special funding and remediation. A written report including recommendations is also included in this package.

To make an appointment

A referral to the clinic is not required.

Phone: (03) 9953 3006
(leave a message if clinic is unattended)

or email:
melbournepsychologyclinic@acu.edu.au

